

Your Three Week Menu

Monday

Tuesday



Wednesday



Thursday



Friday



WEEK ONE

Beef/Veggie Burger in a Bun with Potato Wedges and Baked Beans or Seasonal Vegetables

Spaghetti Bolognese/Vegetarian Bolognese with Garlic Bread and Seasonal Vegetables

Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy

Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables

MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

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Choice of Breads and a Selection of Fillings Served with Salad

Filled Jacket Potato with a Selection of Fillings Served with Salad

Fruit Crumble and Custard

Chocolate Crispy Cake and a Fruit Wedge

Iced Sponge Cake

Fruit Platter

Shortbread Finger and Fruit Wedge

WEEK TWO

Pork/Quorn Sausage and Bacon, Scrambled Egg, Hash Browns and Baked Beans

Ham, Sweetcorn and Cheese/Vegetarian Pasta Bake with Crusty Bread and Seasonal Vegetables

Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy

Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables

Cheese & Tomato Pizza Chips and Garden Peas or Baked Beans

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Filled Jacket Potato with a Selection of Fillings Served with Salad

Apple Sponge and Custard

Chocolate Muffin and a Fruit Wedge

Jam and Coconut Sponge

Cheese & Crackers

Melting Moment and Fruit Wedge

WEEK THREE

Beef/Veggie Meatballs and Spaghetti in Herb and Tomato Sauce with Garlic Bread and Seasonal Vegetables

Cheese and Ham/Vegetarian Pinwheel with Potato Wedges and Seasonal Vegetables

Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy

Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables

MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Filled Jacket Potato with a Selection of Fillings Served with Salad

Deli Option
Choice of Breads and a Selection of Fillings Served with Salad

Filled Jacket Potato with a Selection of Fillings Served with Salad

Sticky Toffee Pudding and Custard

Chocolate Brownie and a Fruit Wedge

Fruit Jelly and Fruit Wedge

Fruit Platter

Victoria Slice and Fruit Wedge

Available every day – Unlimited salad, fresh fruit platter, fresh bread, organic yoghurt, milk and chilled water

For allergen information, please ask one of our Catering Team



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